



# Emily

Emily is 16 years old. Here's what she would like you to know about her.

---

## **Some of my favorite things:**

Being busy. Macaroni and cheese.

---

## **Some of my least favorite things:**

Sudden changes in my routine. When people are mean.

---

## **Activities I enjoy:**

Playing basketball and swimming. Shopping and looking around in stores. Dressing up and painting my nails. Baking and watching movies. Writing, and making up my own stories.

---

## **What I want in a family:**

I'd like an active, busy family. Parents who will spend lots of time with me and keep me safe. I want to go to church. I would love a family that goes camping.

---

## **What I want families to know about me:**

I am a hard worker. I am thrifty and love going to yard sales and finding bargains. I love farms and animals and would love to milk a cow someday. I have a good sense of humor. I am close to my biological sister and want to stay in touch with her. I really want a family. It may take me awhile to feel safe with a new family.

---

## **What we would like you to know about Emily:**

Emily can be very funny and likes to crack jokes. She takes pride in her appearance and likes to look good. She struggles in school and needs a family who will support her and advocate for her needs.

---

## **What we are seeking in a family for Emily:**

A family without young children in the home would be best for Emily as she requires lots of attention. She needs parents who:

- Are ready to devote time and effort to helping her feel safe and secure;

- Understand childhood trauma or are willing to learn;
- Can help her develop self esteem and coping skills;
- Will stick by her through any difficult times;
- A family who won't take her behaviors personally; and
- A family who understands that Emily will need supervision for a long time while she works to heal from past traumas.

---

**For more information:**

If you are interested in opening your home to Emily, please send a copy of your foster care license or homestudy to one of the workers listed below.

Amy Prentiss-Rogers  
Permanency Planning Counselor  
Project Family at Lund  
PO Box 4009  
Burlington, Vermont 05406-4009  
[amyp@lundvt.org](mailto:amyp@lundvt.org)  
Phone: (802) 447-6491  
Fax: (802) 864-1619